

Practical information



■ Budget:

Food:	<p>✓ Lunch at school : there is a cafeteria that sells breakfast and snacks in the morning and lunch from 11.30 am to 2pm – Open from Monday to Friday</p> <p>Food offered: pizza, quiches, salads, sandwiches, pasta, paninis, hot meals, fruit, ice creams etc.</p> <p>✓ Lunch outside school: there are many restaurants in Rennes including typical French “brasseries” and the very typical “Breton” crêperies.</p> <p>✓ You can also cook in your room as there is an equipped kitchen</p>
Approximate cost :	<p>Cafeteria: € 6.00 meal of the day</p> <p>Outside Restaurant: € 12 - € 25</p>
Transport service:	Metro / Bus / Velo Star (bike hire)
Cost:	<p>Metro ticket: € 1.40 for one hour</p> <p>Weekly bus-pass available: € 9.60</p>
Personal expenses :	€ 150 approximately

■ Excursions / Tourist visits:

Approximate price	✓ Rennes – Mont Saint Michel by bus: € 11.10
One way ticket	<p>✓ Rennes – Dinan by bus: € 3.10 (until 26 years old) - € 3.40 (more than 26 years old)</p> <p>✓ Rennes – Saint Malo by train: between € 14 and €20</p> <p>✓ Rennes – Vannes by train: between € 20 and €25</p> <p><i>These price are an indicative information and can be revised</i></p>

■ Useful website link:

Railway company : There are direct trains from Paris Montparnasse station about every hour or from Charles de Gaulles airport (about 3 to 4 per day) to Rennes.

www.voyages-sncf.fr or www.tgv.fr

You must buy your tickets before taking the train. You can buy tickets in advance on the website and have it sent to your home at no extra charge. You can also book your ticket on internet and collect it either at a desk or at one of the automatic ticket distributors in the station. Of course the other option is to buy your ticket and reservation directly on arrival at the train station.

Ferries companies: Students who live in England or in Ireland can come by ferry.

Brittany Ferries: www.brittany-ferries.co.uk

Condor ferries: www.condorferries.co.uk

P&O: www.poferries.com

The nearest ports to Rennes are Saint Malo, Cherbourg Caen and Roscoff.

Rennes Airport: From Paris Charles de Gaulles airport. to Rennes

From Ireland, Scotland, UK to Rennes

Air line companies: Air France, Brit Air, Flybe

Rennes airport: www.rennes.aeroport.fr

Useful information :

Brittany:

<http://en.wikipedia.org/wiki/Brittany>

www.brittanytourism.com

Rennes:

<http://en.wikipedia.org/wiki/Rennes>

www.rennes-metropole.fr

www.ville-rennes.fr

www.leschampslibres.com



■ Access to school:



